



ASIST

Workshop Dates

2012: April 11-12, June 7-8,
Sept 27-28, Nov 8-9
2013: Feb 7-8, April 4-5,
June 13-14
WORKSHOPS ARE FREE
\$300.00 VALUE

Applied Suicide Intervention Skills Training

HELP US CREATE A SUICIDE SAFER COMMUNITY

Suicide touches many lives in many ways. The ASIST training is a world-wide suicide intervention first aid training appropriate for all caregivers . . . formal or informal. This training is recognized as a Best Practices skills based training through the National Suicide Prevention Resource Center and is a training program used to train all volunteers through the National Suicide Prevention Lifeline (1-800-273-TALK).

A special training opportunity in ASIST is available to you!

- ◆ Full 2-Day program that will teach participant suicide "first-aid" by recognizing a person at-risk, keeping the person safe, and assisting the person in seeking further help.
 - ◆ Practice-oriented and interactive learning experience.
- ◆ Learn how to: recognize invitations for help, reach out and offer support, apply a suicide intervention model, review the risk of suicide, and link people with community resources

WHO should attend the training:

ANYONE! People concerned about family, friends, coworkers; natural helpers. **ANYONE!**

TIME: 7:30 am—4:00 pm each day, please arrive early the first day to complete registration and be ready to start the workshop at 7:30. Workshop dates in box above—(Attendance is mandatory for both FULL days)

WHERE: Locations vary by workshop. Please contact Mike Arnold for specifics.

TO RESERVE YOUR SPACE: Limited space available!

Please RSVP to Mike Arnold (Project Safety Net Coordinator)
michael.arnold@dcsdk12.org or 303-387-0122

www.dcsuicideprevention.org

www.dcsdk12.org/studentwellness/studentwellnesstopic/index.htm

www.dcsheriff.net/yess/Suicide_Prevention.html - this website has links to immediate resources



Made possible by the following partnerships:

Douglas County School District
Douglas County Sheriff's Office
Douglas County Suicide Prevention Alliance
AIMING FOR ZERO!

